



# Home Instead®

## *June Newsletter*

### Care Plans: Why are they so important?

#### Clients:

Care Plans give us detailed information about the clients that help YOU best understand how to care for them! Care Plans also allow the clients to have control over their own care by detailing exactly what they would like you to complete each shift!

#### CareGivers:

Care Plans allow you to see information and expectations for a client before ever meeting them! Care Plans show you exactly how to provide the best care to each specific client! Call or email Salomae with to discuss any additional information that should be in the Care Plan. Even the client's favorite color!

You are expected to review the Care Plan before every shift with a new client and anytime there is a change made to an existing client's care plan. It is so important that each CareGiver is reading through their client's Care Plan on a consistent basis. Care Plans are one of the most important tools you have, it **MUST** be utilized. As you get to know your clients it's expected for you to call and update the office on any additional information that can be added to the Care Plan.

### CAREGiver of the Month: Cheryl K.



This month we have chosen Cheryl Keebler as the CareGiver of the month! Cheryl is our CareGiver of the month due to her unwavering sense of empathy and attentiveness. Cheryl has been with Home Instead since February of this year and in that short time gone above and beyond for every client she sees. Cheryl balances following company policy with a personal touch that long stays with the client. Cheryl decided to become a CareGiver because she wanted a job that made an impact on the lives of others. Her favorite thing about being a CareGiver is the opportunity to make her clients comfortable and feel cared for.

Outside of work Cheryl enjoys spending time with her family and animals. Cheryl's compassion spills into every aspect of her life, not just CareGiving. Cheryl has turkeys, lambs, chickens, geese, pigs, & more animals at home that she cares for! When she isn't spending time with her animals she enjoys time with her family, they enjoy going to amusement parks, museums, & the beach. Thank you for everything you do Cheryl!

## What does being a CAREGiver mean to **you**?

*Thank you Chrystal Raymond for the idea of this acrostic!!*

- C**ompassion- *Be relentless in your efforts to show compassion in every interaction, behavior, and decision*
- A**daptive- *Be able to adjust your approach with every different client you see. Understand that every client is unique and so are their needs.*
- R**eliable- *Providing consistent care and support to all clients to create a sense of security to those we care for.*
- E**mpowerment- *Empower others by allowing them to keep their independence and spirit!*
- G**enerosity- *Giving your time and energy to provide support to others*
- I**nspirational- *Inspiring everyone around you, not just clients, through selfless acts of kindness and empathy*
- V**aluable- *Providing essential support and assistance that enhances the quality of life for every client we see*
- E**mpathetic- *Having the ability to understand and share the feelings of others, making deep, personal connections with everyone you meet*
- R**adiant- *Demonstrating strength and resilience in the face of adversity, persisting through difficult times to ensure quality care and support to others.*

## HAPPY BIRTHDAY!

Debra A.—June 3rd

Jessalyn R.— June 7th

Tatianna W.— June 16th

Christina S.— June 24th

